

AIR QUALITY: **MOVING THE BALL FORWARD**

Just like a great team works toward a common goal, the Sac Metro Air District, residents, businesses, and community partners have spent decades working to improve air quality across the Sacramento region. Through cleaner engines, innovative technologies, and local action, air pollution levels have declined significantly. While challenges remain, the air we breathe today is substantially cleaner than it was a generation ago.



THE GOAL: CLEANER AIR

EVERY BREATH COUNTS

Cleaner air helps create healthier communities and better conditions for outdoor activities, recreation, and sports. Whether your playing soccer, going for a run, riding a bike, walking the dog, or spending time at a local park, cleaner air benefits everyone.



Check the AQI
forecast before
heading outdoors



Reduce strenuous
outdoor activity
when pollution is high



Plan ahead and
stay informed
with Air Alert



STAY GAME READY WITH AIR ALERT

Every great match starts with a warm-up. Before you head outdoors to play, exercise, or enjoy time with family and friends, check the air quality forecast with Air Alert.

SIGN UP TODAY >>>> SpareTheAir.com/signup





**96%
FEWER**

DAYS WITH AN AQI > 100
(SMOG & PM - COMPARED TO 2001)

2001
116
days

2025
5
days

Data available from
EPA's [AQI Annual
Report Tool](#).



**86%
FEWER**

SPARE THE AIR DAYS
(COMPARED TO 2001)

2001
15
days

2025
2
days

Data available
from [Spare The Air](#).



**66%
LESS**

**FINE PARTICULATE
POLLUTION IN THE AIR***
(COMPARED TO 2001)

2001
78
 $\mu\text{g}/\text{m}^3$

2025
27
 $\mu\text{g}/\text{m}^3$

Data available from EPA's
[Air Quality System](#).

**Based on maximum daily
average at Del Paso Manor.*



GETTING TO THE NEXT GOAL

We've made tremendous progress over the past several decades, but there is still more work to do. By working together to support zero- and low-emission technologies, cleaner transportation and energy solutions, and sustainable planning, we can continue moving the Sacramento region toward a healthier future. **Let's keep moving the ball forward!**